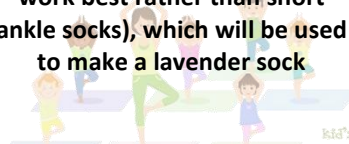
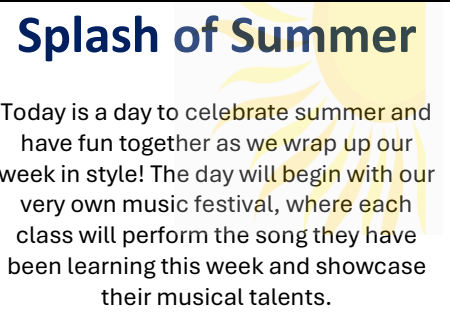


Courthill's Enrichment Experiences

Year One

Monday 13 th July	Tuesday 14 th July	Wednesday 15 th July	Thursday 16 th July	Friday 17 th July
 Let's Get Musical Today is a day to sing, play, create and perform! You will enjoy a fun-filled musical experience as you explore rhythm, learn new skills and make music together with your classmates. The day is all about building confidence, developing musical skills and, most importantly, having lots of fun. Whether you already love music or are trying something new, there will be something for everyone to enjoy as we celebrate the joy of making music together! Please wear school uniform on this day.	 Relax and Refresh Today is a day to relax, refresh and take some time to focus on your wellbeing. You will take part in a range of calming and creative activities designed to support mindfulness, self-care and positive thinking. We are also excited to welcome the team from Lush, who will be leading a workshop where you will create your own bath bomb. To support the wellbeing theme of the day, children are invited to wear clothing that makes them feel happy and relaxed, such as colourful clothes, sportswear or pyjamas. Please also send your child in with a clean sock (longer socks work best rather than short ankle socks), which will be used to make a lavender sock 	 Art Attack Today is a day to explore your creativity and become an artist! You will learn about a range of different artistic styles and techniques, as well as how artists choose different mediums to express their ideas. Throughout the day, you will take part in activities focusing on painting, collage, natural art and self-portraits. At the end of the day, you will have the opportunity to visit classroom galleries across your year group and admire the fantastic artwork created by your peers. Please wear school uniform on this day and bring an apron or old shirt to protect your clothes while painting. For our Natural Art activity, please bring in a small bag of natural objects to share, such as leaves, sticks, pebbles or shells. Please note: due to allergies within the school, we ask that children do NOT bring in any pine-related items, including pine cones or pine branches.	 Globetrotters Today is a day to become a globetrotter and explore the world! We will begin by looking at a world map and finding all the countries that the classes will be learning about before taking a deeper dive into one country in particular. Throughout the day, you will explore the country's culture, traditions and way of life, as well as enjoy some food tasting to learn more about its cuisine. In the afternoon, get your passports ready! You will 'travel' around the school, visiting other classrooms to learn about the countries they have explored. It will be a fantastic opportunity to celebrate the diversity of our world and discover new places and cultures. Please wear school uniform on this day.	 Splash of Summer Today is a day to celebrate summer and have fun together as we wrap up our week in style! The day will begin with our very own music festival, where each class will perform the song they have been learning this week and showcase their musical talents. Afterwards, you will enjoy a range of summer-themed arts, crafts and other exciting activities. Lunch will be a picnic outdoors, giving everyone the chance to enjoy the summer sunshine together. In the afternoon, get ready to cool off with the famous Courthill Water Play! Please come into school wearing clothes that you are happy to get wet in the water play and bring everything needed for a change of clothes for afterwards (towel, water pistols, spare shoes and underwear). Lunch on this day will be a packed lunch (for the whole school picnic). If your child normally has a hot school meal, this will automatically be converted.

