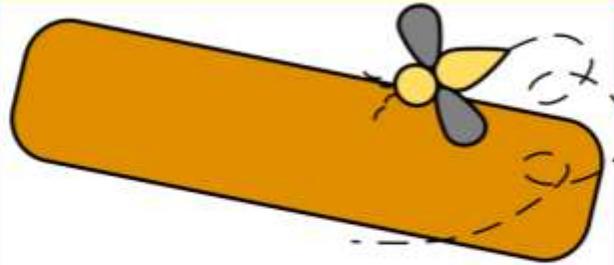
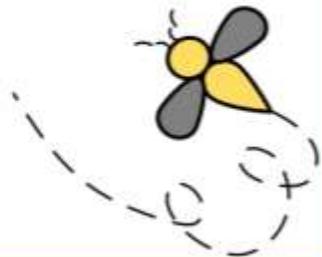


What are the benefits of ELSA?

Children learn better and are happier if their emotional needs are addressed.

They learn to:

- .develop coping strategies and talk about difficulties
- .interact more successfully with others
- .develop greater self-awareness
- .manage school better and feel better about themselves
- .manage their thoughts and feelings so that they can focus on tasks

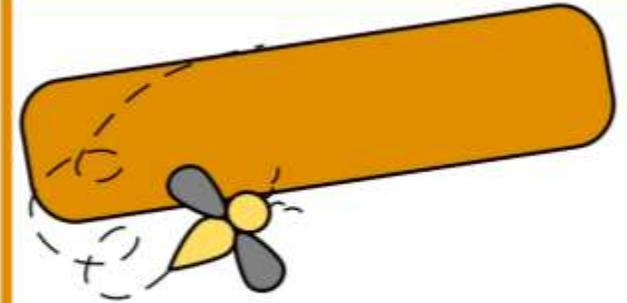


What can I do to help at home?

- .find time to listen to your child
- .Do lots of fun things together
- .Encourage your child to see the positives in a situation
- .Encourage problem solving to find peaceful solutions
- .Help your child to see things from the view of other people

Discuss any problems/concerns with your child's teacher/SENCo

ELSA school contact: Mrs Worboys, Mrs Hird or Mrs Burns.



Emotional Literacy Support Assistant





Who are
ELSAS?

An ELSA is a specialist teaching assistant who has been trained to work with children who are showing a wide range of emotional or social difficulties, for example; anxiety, low self esteem, problems with anger etc.

ELSAS have been chosen for their ability to build good relationships with children.

What do ELSAS do ?

ELSAS work closely with teachers to set clear objectives for individual children. The ELSA will then work on these objectives with the child individually or in a small group. Activities which target the needs of the child will be planned carefully by the ELSAS.



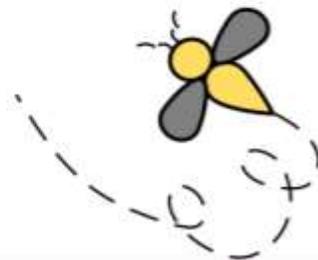
Will my child
enjoy the ELSA
session

YES OF COURSE !!

ELSA sessions are planned in advance and tailor-made to suit the needs of the children. The sessions are designed to be fun and interactive, to engage and motivate the child.

The ELSA may use a range of activities throughout the session which could include games, puppets, role play, making things, talking and listening etc.

For example, puppets can be a great way of modelling social situations or getting children to talk about how they feel in different circumstances.



What issues may
be covered during
the sessions ?

- .Recognising emotions/self esteem
- .Relationships/Social skills
- .Friendship issues
- .Understanding anger
- .Loss and bereavement
- .Anxiety
- .Coping strategies/coping with change
- .Building resilience
- .Bullying issues

Your child's progress will be monitored closely during the ELSA programme and if the school or parent feels that a child needs further support the school has access to a range of external support services.

