




## Courthill Weekly Alerts

For week commencing 9<sup>th</sup> March 2026

Purple – YR Blue – Y1 Orange – Y2

Pink – Clubs Green – PTA

[www.courthillinfants.co.uk](http://www.courthillinfants.co.uk)

<p style="text-align: center;"><u>Future Diary Dates</u></p> <ul style="list-style-type: none"> <li>• 24<sup>th</sup> March: Rocksteady Concert (participating families aware).</li> <li>• 25<sup>th</sup> March: YR Pizza Express (Bees) – <a href="#">see letter</a>.               <ul style="list-style-type: none"> <li>• 26<sup>th</sup> March: YR Fab Finish – <a href="#">see flyer</a>.</li> </ul> </li> <li>• 27<sup>th</sup> March – last day of term (school closes at 3pm).               <ul style="list-style-type: none"> <li>• 30<sup>th</sup> March – 12<sup>th</sup> April: Easter Holidays.</li> <li>• 13<sup>th</sup> April: INSET day (school closed to pupils)</li> <li>• 14<sup>th</sup> April: school returns for Summer Term.</li> </ul> </li> </ul> <p>Midnight on Sunday 29<sup>th</sup> March is deadline to order hot lunches for w/c 13<sup>th</sup> April (when we return after Easter holidays). Please check lunch orders via Chartwells. If you do not have an order, please provide packed lunch from home (no nuts or nut products).</p>	<p style="text-align: center;"><u>Reminders</u></p> <p>The Big Wheel Walk initiative runs from 16<sup>th</sup> – 27<sup>th</sup> March. We hope our school community will get behind the ‘active travel’ challenge and try to walk, wheel or scoot to school, where possible. <a href="#">See letter for details</a>.</p> <p>There are still spaces on the holiday club we are running at Easter (with Coach Aaron) on Mon 30<sup>th</sup>, Tue 31<sup>st</sup> March and Wed 1<sup>st</sup> and Thu 2<sup>nd</sup> April. Please go onto Arbor to book spaces.</p> <p>It is Down Syndrome Awareness Day on 21<sup>st</sup> March 2026, and we will be marking this event in school with various activities.</p>
<p>Mon 16<sup>th</sup> March</p>	<p>Lighthouse Club (7.45-8.45am and 3.05-6pm) – all years Yoga (all years), Art Club (Y1,Y2)</p>
<p>Tue 17<sup>th</sup> March</p>	<p>Lighthouse Club (7.45-8.45am and 3.05-6pm) – all years YR Multi Skills, Multi Mindfulness (all years) Y1 (all classes): wear PE kit YR Dragonflies &amp; Ladybirds: wear PE kit Y2 Trip to Marwell (<a href="#">see letter</a>).</p>
<p>Wed 18<sup>th</sup> March</p>	<p>Lighthouse Club (7.45-8.45am and 3.05-6pm) – all years Y1 Football, Eco Warriors (all years), Choir Club (all years), French Club (Y1,Y2); Kick-Boxing Club (all years) Y2 (all classes): wear PE kit Singing Assembly (Crocs &amp; Frogs) – parents invited (<a href="#">see email</a>) YR Pizza Express (Dragonflies) – <a href="#">see letter</a>. Y2 Movie Night</p>
<p>Thu 19<sup>th</sup> March</p>	<p>Lighthouse Club (7.45-8.45am and 3.05-6pm) – all years Y2 Football, Crafty Kids (Y1,Y2), Dance (Y1,Y2), Forest Explorers (all years) YR Bees &amp; Butterflies: wear PE kit into school</p>
<p>Fri 20<sup>th</sup> March</p>	<p>Lighthouse Club (7.45-8.45am and 3.05-6pm) – all years Comic Relief – wear bright non-uniform.</p>
<div style="display: flex; align-items: center;">  <p><b>Weekly Green Thing!</b></p> </div> <p style="text-align: center;"><i>“What can we fix instead of replacing?” (Toys, zips, buttons, bikes, tyres)</i></p>	<p style="text-align: center;"><i>Did you know?</i></p> <p style="text-align: center;"><i>Lots of small household items – like loose buttons, wobbly wheels on toys or broken zips – can be repaired in just a few minutes.</i></p> <p>Fact: Repairing things helps children learn problem-solving skills and means fewer items end up in the bin. It also helps to change our modern mindset that things should always be thrown away if they are broken.</p>

## Community News

### Easter Holidays: Activities and Food Programme

The Holiday Activities and Food (HAF) programme is offering free Easter holiday clubs, including a hot lunch, for children who receive benefit-related free school meals. A wide range of activities is available across BCP, from sports and baking to arts, crafts and teen trips. Find all Easter HAF clubs on the [Family Information Directory](#). For more information about support available to families, please click here for our [Community page on our website](#).

### Food support

The 'access to food map' is a tool to help families find where they will can access food support in the community, as well as providing information about community meals, cooked meal delivery, cooking workshops, foodbanks and social supermarkets. For details, [please click here](#).



Online FREE talk by Jane Keyworth

## Anxiety Based School Avoidance

March 26th 7-8pm



Book online

[www.facefamilyadvice.co.uk](http://www.facefamilyadvice.co.uk)

go to PARENTS - Live Talks page

All 16 parent talks **FREE** with our School Membership





## Support for parents & carers who have children diagnosed (or suspected) with autism & PDA

At **You Are Not Alone** you'll find a safe, welcoming space to connect with like-minded parents and carers. You will find guidance and understanding to help you support your child with meltdowns, emotional dysregulation, education and so much more - right from the start.

Topics that will be discussed are:

- helping your child regulate their emotions & feelings (meltdowns etc)
- understanding autism and PDA
- navigating school and EHCPs
- Supporting your child with friendships
- understanding and managing challenging behaviour
- managing sensory needs
- developing a positive relationship with your child (family dynamics)
- exploring EOTAS or home education
- looking after your wellbeing
- and so much more



Erik & Sally

Erik is a social worker and Sally is a teacher. Both come with 20+ years of lived experience being the parent of an autistic child.

### Here's what parents have said:

*'Thank you so much for the group this evening. I can't tell you how grateful I feel and I **really do feel less alone** and more validated. My hope is back' - Louise - parent*

**Free Monthly Drop-in** - ever 1<sup>st</sup> Tuesday of the month from 7pm - 8.30pm (Zoom)

You can request the zoom link by either sending us an email at [team@youarenotalone.community](mailto:team@youarenotalone.community) or go to [www.youarenotalone.community](http://www.youarenotalone.community) where you can request the Zoom link on our home page.

Would you like a month of free support? If yes, please email us for more information - [team@youarenotalone.community](mailto:team@youarenotalone.community)