

Courthill Infant School

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Headteacher: Mrs Alison Carter



9th March 2026

Dear Parents / Carers

We are excited to be taking part in Big Walk and Wheel, the UK's largest inter-school cycling, walking, wheeling and scooting challenge. The challenge runs from 16th – 27th March 2026. It is free to take part and we would love everyone to be involved.

What do you need to do? Encourage your child to walk, use a wheelchair, scoot or cycle to school on as many days as possible during the event.

Including everyone. We want to make sure that everyone can get involved in Big Walk and Wheel. We know it may be more difficult for some pupils to take part than others. If you can't actively travel all the way to school, why not 'park away and walk the last 5 minutes'? If you cannot do this at all, please don't worry. All children will be given the opportunity to be involved with extra activities in school, so that all feel involved.

Why we are taking part? Big Walk and Wheel is a great way to build physical activity in children's daily routines which is important for their physical health and mental wellbeing. Active school runs also help to reduce congestion and air pollution outside school gates. [A 2021 YouGov study](#) showed nearly half of UK children worry about air pollution near their school; and children thought active travel was the best way to lower these pollution levels. Plus, **there are some great prizes to be won every day if we get enough children taking part!**

Useful resources. To help you prepare, the Walk Wheel Cycle Trust has developed a handy parent/carer page on the challenge website ([click here for link](#)), which is packed with advice to help you have a hassle-free journey to school.

For more information about the event go to www.bigwalkandwheel.org.uk.

Enjoy the challenge!

Best wishes

Mrs S Wilson

