



Courthill Weekly Alerts

For week commencing 2nd February 2026

Purple – YR Blue – Y1 Orange – Y2

Pink – Clubs Green – PTA

www.courthillinfants.co.uk

<u>Future Diary Dates</u>	<u>Reminders</u>
<ul style="list-style-type: none"> • 10th Feb: Penguins class visit to Alexandra Park (see email). • 11th Feb: Love and Kindness Disco (PTA) for Y1 and Y2 (details to follow). <ul style="list-style-type: none"> • 12th Feb: YR Fab Finish – dress as fairy-tale character (see email). • 13th Feb: INSET – school closed to pupils. <ul style="list-style-type: none"> • 16th – 20th Feb: HALF TERM. <p>Midnight on Sunday 7th Feb is the deadline to order hot lunches for w/c 22nd Feb (after half term). Please check lunch orders via Chartwells. If you do not have an order, please provide packed lunch from home (no nuts or nut products).</p>	<p>It is World Book Day on Thursday 5th March. As part of this, we have a Pre-Loved Book Fair in school on Friday 6th March. If you would like to donate good-quality children’s books for the fair, please do so via the school office by Friday 6th February. Click here for letter with full details about how we are celebrating World Book Day at Courthill.</p> <p>We have had a complaint about litter being left outside a neighbour’s house, by their wall opposite school. Just a polite reminder, please do not sit on neighbours’ walls and please do not leave litter outside neighbours’ homes.</p>
Mon 2 nd Feb	Lighthouse Club (7.45-8.45am and 3.05-6pm) – all years Yoga (all years), Art Club (Y1,Y2)
Tue 3 rd Feb	Lighthouse Club (7.45-8.45am and 3.05-6pm) – all years YR Multi Skills, Multi Mindfulness (Y1,Y2) Y1 (all classes): wear PE kit YR Dragonflies & Ladybirds: wear PE kit
Wed 4 th Feb	Lighthouse Club (7.45-8.45am and 3.05-6pm) – all years Y1 Football, Eco Warriors (Y1,Y2); Choir Club (Y1,Y2); French (Y1,Y2); Kick-Boxing Club (all years) Y2 (all classes): wear PE kit
Thu 5 th Feb	Lighthouse Club (7.45-8.45am and 3.05-6pm) – all years Y2 Football; Crafty Kids (Y1,Y2), Dance (Y1,Y2) YR Bees & Butterflies: wear PE kit into school
Fri 6 th Feb	Lighthouse Club (7.45-8.45am and 3.05-6pm) – all years Pre-Loved Book Fair – deadline for donations

<div style="text-align: center;"> <h3 style="margin: 0;">Weekly Green Thing!</h3> <p style="color: green; font-style: italic;">“Is there something we reuse instead of throwing away?” (Like bags, bottles, clothes, or toys)</p> <p style="color: green;">Fact: Reusing items like bags, bottles and containers helps reduce the amount of rubbish that goes into landfill. Many things can be used again in fun or creative ways, especially with children involved.</p> </div>	<p style="color: green; font-style: italic;">Did you know?</p> <p style="color: green; font-style: italic;">When children help with small eco-friendly actions, they build habits that can last a lifetime.</p>
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online talk by Jane Keyworth



Supporting a Child with ADHD

Challenging the stereotypes, offering practical support and explaining more about this condition



3rd February 10-11:30am

3rd March 7-8:30pm




Book online

facefamilyadvice.co.uk

£24 or Free with a school membership code



 FEBRUARY 2026 Timetable <small>All sessions delivered live online via zoom, 90 minutes long</small> £24 each or FREE with School Membership <small>Book online at facefamilyadvice.co.uk</small> <small>Recordings available for 48 hours (excluding Free Talk)</small>	
Autism - Improving Communication	2 Feb 10am
Improving Family Communication	2 Feb 7pm
Supporting A Child with ADHD	3 Feb 10am
Understanding Addictive Behaviour	3 Feb 7pm
Anxiety Based School Avoidance	9 Feb 10am
Anxiety Explained	16 Feb 10am
Cannabis and Ketamine Awareness	16 Feb 7pm
What is ACT?	17 Feb 10am
Introduction to OCD	17 Feb 7pm
FREE - Reducing the Harm from Screens	19 Feb 7-8pm
Understanding the Teenage Brain	23 Feb 10am
Raising Self-Esteem	23 Feb 7pm
Decreasing Depression	24 Feb 10am
Supporting Healthy Sleep	24 Feb 7pm
Understanding Anger	9 Mar 7pm
Facing Defiance	10 Mar 7pm

Free webinar for parents / carers: hormones and ADHD

Please be aware of this useful free webinar for parents/carers called: Neurodivergent Brains and Bodies: How Hormones Impact ADHD. It takes place on Wednesday 11th February (10-11am). Click here for more details: [Neurodivergent Brains & Bodies: How Hormones Impact ADHD](#)

Free webinar for parents / carers: county lines and criminal exploitation

The Ivison Trust is delivering a series of live (and free) webinars for parents and carers focused on county lines and criminal exploitation. The sessions help parents understand how exploitation happens, how children are groomed, what warning signs to look out for, and where to access advice and support. Each webinar includes local context, time for questions, and input from a parent with lived experience. You can also join as a professional working with young people. For more information and booking details, click here: [Parent webinars - county lines and criminal exploitation - Ivison Trust](#). Each webinar aims to look at a certain area of the UK – the one for the **South West takes place on 12th March (7-8.30pm)**. Click here to [Book your place](#).