



Courthill Weekly Alerts

For week commencing 19th January 2026

Purple – YR Blue – Y1 Orange – Y2

Pink – Clubs Green – PTA

www.courthillinfants.co.uk

<u>Future Diary Dates</u>	<u>Reminders</u>
<ul style="list-style-type: none"> • 30th Jan: PTA Quiz Night (details to follow). <p>On Monday 19th January, there will be no traffic patrol officer on Richmond Road. Please take extra care when crossing the road on this day.</p> <p>Midnight on Sunday 18th January is the deadline to order hot lunches for w/c 2nd February. Please check lunch orders via Chartwells. If you do not have an order, please provide packed lunch from home (no nuts or nut products).</p>	<p>Y1 classes will go on geography walks around the local area this week (w/c 19th January) – see email for more details. It will be one class at a time – on a day when the weather is suitable for this activity.</p> <p>Just a reminder to please put names in children’s clothes / items. Also, please regularly check your child’s clothes – and if you have items with other children’s names in, please return to school via office or your class teacher.</p> <p>We have had complaints about dog poo in streets around school. We appreciate that our parents / carers pick up after their dogs. But just a reminder to always do this – we have poo bags in the office if you (or your dog) get caught short. And please be careful to not to tread in dog mess before and after school.</p>
Mon 19 th Jan	Lighthouse Club (7.45-8.45am and 3.05-6pm) – all years Yoga (all years), Art Club (Y1,Y2)
Tue 20 th Jan	Lighthouse Club (7.45-8.45am and 3.05-6pm) – all years YR Multi Skills, Multi Mindfulness (Y1,Y2) Y1 (all classes): wear PE kit YR Dragonflies & Ladybirds: wear PE kit
Wed 21 st Jan	Lighthouse Club (7.45-8.45am and 3.05-6pm) – all years Y1 Football, Eco Warriors (Y1,Y2); Choir Club (Y1,Y2); French (Y1,Y2); Kick-Boxing Club (all years) Y2 (all classes): wear PE kit YR Bees & Butterflies: wear PE kit into school
Thu 22 nd Jan	Lighthouse Club (7.45-8.45am and 3.05-6pm) – all years Y2 Football; Crafty Kids (Y1,Y2), Dance (Y1,Y2)
Fri 23 rd Jan	Lighthouse Club (7.45-8.45am and 3.05-6pm) – all years

Community News

What is the Umbrella group?

The Umbrella group has been running since 2013 and is a parent led, ASD support group for parents and carers.

I run the group which is unfunded on a voluntary basis and I am **not** a professional but a parent of a young man with autism and severe learning difficulties. At present, the Umbrella parents have children and young adults ranging from 3yrs -29 and are in a number of different settings ranging from mainstream to special schools and colleges, as well as adult services and independent living. We also have parents who have children who are Home-schooled or at home because there wasn't a place that could meet their needs or they were unable to cope with a school environment. The children range from needing substantial support to those who need some support to function in their daily lives. Level of intelligence and academic capability, is not necessarily an indication of how much support is needed. The one element that seems to be common with all of them is anxiety.

The group usually meets on the fourth Saturday of the month but this can vary due to school holidays. The meetings are from 10am-1230 in the Pool room at Portfield School, Hurn. I often try to arrange a speaker to come and talk to parents and am always looking for suitable people. If you know of anyone who would be interested in talking to parents on a subject relevant to ASD please let me know. I send out information to parents of the group as well as those who are involved in assessment and working with children and young people with ASD.

It can be quite isolating when you have a child with ASD, especially if they attend a mainstream school, so The Umbrella group gives parents an opportunity to meet other parents of children on the spectrum. We now also have coffee mornings held at The Arcado Lounge Christchurch 1030 -1230 on Wednesdays (Usually the first in the month) and Fridays which vary each month.

I now have another parent from the group, Clare Lockyer, who is helping me to run The Umbrella group so that it can continue to support parents of children and young people with ASD. She is the mobile contact.



Debbie Muldoon-Hall
The Umbrella Group
Support for parents of children with ASD
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The Umbrella group Clare Lockyer 07450 210911
<https://m.facebook.com/groups/312179982770667?ref=share>



Welcome to The Umbrella Group

We are a parent led support group, for parents of children and young adults with **ASD** which has been running for 12 years. We are known as **The Umbrella Group**, with its connotations of protection and covering a wide spectrum of behaviours which all come under the same umbrella of autism. We normally meet once a month on the 4th Saturday during the Academic year but meetings can be rescheduled to alternative Saturdays to accommodate speakers and avoid school holidays. We also have coffee mornings in Christchurch and may soon have them in Poole too!

If you wish to attend or would like more information, please contact –

Email -> **Debbie Muldoon-Hall** debbiewestbourne@gmail.com
Mobile -> **Clare Lockyer** on **07450 210911**
Facebook -> <https://m.facebook.com/groups/312179982770667?ref=share>

Autism Unlimited -> Shares resources and provides information to help parents to connect to other services that have the authority to advise them. <https://www.autism-unlimited.org/support/book-a-call/>

Please note the Umbrella meetings are for parents and carers only unless otherwise specified

Venue The Pool room at **Portfield School**, Parley Lane, Hurn, Christchurch BH23 6BP
Day Usually 4th Saturday of the month but occasionally changes due to school holidays and Guest speakers' availability.
Time 10-1230 am approximately. Please note our meetings often over-run to give parents chance to chat with each other but parents can leave at any time for their own convenience
Cost £1 donation for refreshments and administration.



Umbrella group meeting dates 2026



ASD support for parents and carers

10am -1230 Portfield School

Saturday 24th January

1000am -1230

Meet other parents and carers with children on the autistic spectrum

Saturday 28th February

1000am -1230

Mental health in autistic people

Dr Rachel Moseley

Principal Academic in Psychology

Bournemouth University

Saturday 21st March

1000am -1230

Alternative Provision

Mark Peters

CEO Learning to Live

Saturday 25th April

1000am -1230 TBA

Saturday 16th May

1000am -1230 TBA

Saturday 27th June
1000am -1230 TBA



ASD support for parents and carers

Umbrella Group Coffee Mornings



The Umbrella group also has **coffee mornings** on an informal basis in Christchurch for parents and carers of children and young people with ASD.

When: First Wednesday of the month unless otherwise specified
+ Some Friday mornings on a prearranged date

Time: 1030 -1230 approx

Venue: Café Arcado, 71, High St, Christchurch BH23 1AS.

arcado@thelounges.co.uk

Upcoming Umbrella coffee mornings are on Wednesdays and Fridays...

Wednesdays

4th February

4th March

1st April

6th May

3rd June

Fridays

23rd January

For the coffee mornings you can just turn up but you can text the coordinator if you wish. On Wednesdays we normally occupy the back table near the toilets. On Fridays the table may vary but please ask bar staff where The Umbrella group are sitting or contact **Dawn Evans:** 07834 379912 Friday Coffee mornings. There are several car parks nearby and sometimes you can park on the roads but they tend to be time restrictive.

The nearest one is Wick Lane carpark 1 Regent Way Christchurch BH23 1HT

For more information please contact **Debbie** debbiewestbourne@gmail.com

Clare 07450 210911

<https://m.facebook.com/groups/312179982770667?ref=share>

The Umbrella group Christchurch and the surrounding areas

