



Courthill Weekly Alerts

For week commencing 15th December 2025

Purple – YR Blue – Y1 Orange – Y2

Pink – Clubs Green – PTA

www.courthillinfants.co.uk

<p style="text-align: center;"><u>Future Diary Dates</u></p> <ul style="list-style-type: none"> • 22nd Dec – 2nd Jan: Christmas Holidays (school closed). • 5th Jan: INSET day (school closed to pupils). • 6th Jan: School re-opens for Spring Term. • w/c 5th Jan: No clubs, except Lighthouse Club (first week of term). <ul style="list-style-type: none"> • w/c 12th Jan: After school clubs return. • 15th Jan: Deadline to apply for Y3 places. 	<p style="text-align: center;"><u>Reminders</u></p> <p>Click here for our Courthill Countdown to Christmas – with details of what’s on.</p> <p>On Friday, our last day of school, we are hoping for a visit from a very special visitor – if he has time to get to Courthill from the North Pole... guess who?!</p> <p>The deadline to order lunches for w/c 5th January is midnight on Sunday 21st December, via Chartwells. If you do not have an order, please provide packed lunch from home (no nuts or nut products).</p>
<p>Mon 15th Dec</p>	<p>Lighthouse Club (7.45-8.45am and 3.05-6pm) – all years NO CLUBS (except Lighthouse Club) Lighthouse Club bookings go-live on Arbor for Spring Term (7pm)</p>
<p>Tue 16th Dec</p>	<p>Lighthouse Club (7.45-8.45am and 3.05-6pm) – all years NO CLUBS (except Lighthouse Club) Y1 (all classes): wear PE kit into school YR Dragonflies & Ladybirds: DO NOT wear PE kit into school (Christmas Stay and Play) YR Christmas Stay and Play (9am) – wear Christmas jumpers with school uniform</p>
<p>Wed 17th Dec</p>	<p>Lighthouse Club (7.45-8.45am and 3.05-6pm) – all years NO CLUBS (except Lighthouse Club) YR Bees & Butterflies: wear PE kit into school Y2 (all classes): DO NOT wear PE kit (Christmas Performance) Y2 Christmas Songs (9am) – wear Christmas jumpers with school uniform Christmas lunch (deadline to book via Chartwells was 30th November)</p>
<p>Thu 18th Dec</p>	<p>Lighthouse Club (7.45-8.45am and 3.05-6pm) – all years NO CLUBS (except Lighthouse Club) Y1 Christmas Songs (9am) – wear Christmas jumpers with school uniform.</p>
<p>Fri 19th Dec</p>	<p>Lighthouse Club (7.45-8.45am – BREAKFAST CLUB ONLY) – all years Christmas Party Day (all years) – wear party clothes into school School closes at 1pm</p>

Online
Course

Stronger Relationships

For parents and other adult carers living together or apart **Group starting (Parents of Neurodivergent Children Only) Monday 26 January at 7:30pm**



- Do you want to get some new ideas to help you be an even better parent?
- Would you like to reduce the arguments and disagreements in your family and cope better with stress?
- Would you like to enhance your relationship with your current partner, or improve communication with your ex or the other people helping to raise your children?
- How about learning at a time that suits you?



6 online
sessions



6 group
discussions



Certificate on
completion

What to expect...

- Information on strategies to identify and reduce arguments.
- Hear from other parents and carers.
- Downloadable worksheets and hand-outs.
- Videos, quizzes and interactive activities.
- Do sessions at a time that works for you.
- Weekly support from our course experts.

Topics covered...

- Healthy adult relationships.
- Identifying and managing disagreements.
- Understanding how conflict affects your children.
- Enhancing parent-child relationships.
- Managing stress, anger and emotions.
- Strategies to resolve conflict and create a parenting agreement

Group discussion...

1. Speak to a course expert and get answers to some of the questions you might have
2. Talk about how the strategies are going at home.
3. Address other difficulties relating to your relationships.
4. Hear from others about what works for them.

Find out more or register for the course by scanning the QR code or emailing us at: sfscparent@racefound.org.uk



strengthening
families
strengthening
communities





January 2026 Timetable

All sessions delivered live online via zoom. 90 minutes long

£24 each or FREE with School Membership

Book online at facefamilyadvice.co.uk

Recordings available for 48 hours (excluding Free Talk)

Autism - Improving Communication	5 Jan 10am
Improving Family Communication	5 Jan 7pm
Supporting A Child with ADHD	6 Jan 10am
Understanding Addictive Behaviour	6 Jan 7pm
Anxiety Based School Avoidance	12 Jan 10am
Understanding Anger	12 Jan 7pm
Supporting Healthy Screen Use	13 Jan 10am
Facing Defiance	13 Jan 7pm
Cannabis and Ketamine Awareness	19 Jan 10am
Anxiety Explained	19 Jan 7pm
Introduction to OCD	20 Jan 10am
What Is ACT	20 Jan 7pm
FREE Responding to Angry Behaviour	22 Jan 7-8pm
Raising Self-Esteem	26 Jan 10am
Decreasing Depression	26 Jan 7pm
Supporting Healthy Sleep	27 Jan 10am
Understanding the Teenage Brain	27 Jan 7pm



Alexandra Park | December Programme

Meeting point: by or in the Café



GreenFingers
 Thurs 4, 11 & 18 Dec | 10am -12pm
 Sat 13 Dec | 10am - 12pm

Join our friendly volunteer group to enjoy the outdoors and get involved in practical conservation and community growing in your local park.



Volunteering

Festive Wreaths
 Fri 5 Dec | 11am - 12.30pm & 1.30pm - 3pm
 Sun 7 Dec | 2pm - 3.30pm

Decorate your own unique willow wreath to take home. Drink and mince pie included.
Activity for adults.



£20 per person

Wildlings
 Fri 5 Dec | 3.30pm - 4.30pm

Join us after school for some fun nature-based activities - from crafts to species surveys.

Suitable for children aged 5-12 years.



Free event

Nature Tots
 Weds 10 Dec | 10.30am - 12pm

Fun in the park for you and your youngsters, with outdoor play, nature craft and hands-on activities.

Suitable for children aged 2-4 years.



Free event

Make Tree Decorations - activity for adults
 Weds 10 Dec | 1pm - 2.30pm

Craft your own beautiful and unique tree decorations out of natural materials to take home and display for the festive season.
Activity for adults



Free event

Make Tree Decorations - activity for kids
 Sat 13 Dec | 1.30pm - 3pm

A session for kids to get creative and make tree decorations out of natural materials to take home and display for the festive season.



Free event

To book: parksfoundation.org.uk/events

The Parks Foundation is committed to celebrating diversity – we welcome people from all backgrounds, genders, ethnicities, people with learning differences and varying physical abilities. If you would like more information or have questions about an activity, please contact us.

Get in touch with our team member, Lisa on: lisa@parksfoundation.org.uk or: 07458 039395

parksfoundation.org.uk | [Facebook.com/The Parks Foundation](https://Facebook.com/TheParksFoundation) | 01202 143724 | Registered Charity Number: 1159939



YOU'RE INVITED TO....

A TASTE OF CHRISTMAS
Saturday 13th Dec 2pm

Join us for an afternoon of Christmas crafts, refreshments and a lot of Christmassy fun including a visit and free gift from Father Christmas around 4pm
Let's celebrate Christmas together!

This is a family event - all children must be supervised by an adult

For more information contact kidsandyouth@stlukesparkstone.org.uk
 St Luke's Church, Wellington Road, Parkstone, BH14 9LF