



Courthill Weekly Alerts

For week commencing 10th November 2025

Purple – YR Blue – Y1 Orange – Y2

Pink – Clubs Green – PTA

www.courthillinfants.co.uk

	<p style="text-align: center;"><u>Future Diary Dates</u></p>	<p style="text-align: center;"><u>Reminders</u></p>
	<ul style="list-style-type: none"> • 17th Nov: Y2 Space Buggy Project (see email) • 18th Nov: Flu Immunisation – opt in (see letter). <ul style="list-style-type: none"> • 19th Nov: YR Movie Night (PTA) • 20th Nov: YR Phonics Morning (see email) • 21st Nov: YR Dog Trainer Talks • 27th Nov: YR Phonics Morning (8.55-9.20am) – see email <p>A reminder that if you want your child to receive the flu vaccine in school on Tuesday 18th November, you must opt-in by end of Thursday 13th November. Please see letter for details.</p> <p>CHARTWELLS. Midnight on Sunday 9th November is deadline to order hot lunches for w/c 24th November. If you do not have an order, please provide packed lunch from home (no nuts or nut products).</p>	<p>We have a Parent Workshop on Thursday 13th November (9-9.30am) to introduce Kinetic Letters, our new handwriting scheme. The session will provide valuable tips and strategies to help support your child’s handwriting development at home. There is no need to book, just come along on the day (see letter for more details).</p> <p>Remember, it is in Children in Need on Friday 14th November. Children are invited to wear yellow or a favourite outfit. Please wear sensible shoes as children will take part in the RunPudsey races at school. Please click here for Courthill’s landing page, to register your child (with school code 39E1). All registered children will receive a medal at school We have already raised £1,052 so far! See letter for more details.</p>
<p>Mon 10th Nov</p>	<p>Lighthouse Club (7.45-8.45am and 3.05-6pm) – all years Yoga (all years), Art Club (Y1,Y2) Y1 (all classes): wear PE kit into school (see email) Anti-Bullying Week: wear odd socks TODAY only (see letter)</p>	
<p>Tue 11th Nov</p>	<p>Lighthouse Club (7.45-8.45am and 3.05-6pm) – all years Lighthouse Club – change to collection due to Movie Night (see email) Y1 Football, Multi Mindfulness (Y1,Y2) Y1 (all classes): DO NOT wear PE kit into school (see email) YR Dragonflies & Ladybirds: wear PE kit into school Y2 Movie Night (PTA)</p>	
<p>Wed 12th Nov</p>	<p>Lighthouse Club (7.45-8.45am and 3.05-6pm) – all years Lighthouse Club – change to collection due to Movie Night (see email) Eco Warriors (Y1,Y2); Choir Club (Y1,Y2); French (Y1,Y2); No Kick-Boxing Club (all years) Y2 (all classes): wear PE kit into school YR Bees & Butterflies: wear PE kit into school Y1 Movie Night (PTA) YR Phonics Morning (8.55-9.20am) - see email</p>	
<p>Thu 13th Nov</p>	<p>Lighthouse Club (7.45-8.45am and 3.05-6pm) – all years Y2 Football; Crafty Kids (Y1,Y2), Dance (Y1,Y2) Kinetic Letters Handwriting Workshop for parents (9-9.30am) – see letter. Flu Immunisation – deadline to opt-in</p>	
<p>Fri 14th Nov</p>	<p>Lighthouse Club (7.45-8.45am and 3.05-6pm) – all years Children in Need – wear yellow or favourite outfit with sensible shoes (see letter).</p>	

Community News

Stronger Relationships course

BCP have a six-week online course starting on Monday 24th November for parents and carers living with or apart from each other and their children. The course aims to help parents and carers:

- Work out how they want to raise their child and what they want or need from their co-parent or co-carer.
- Improve the relationship with their child and adults who are important in their life.
- Make arrangements to support their child's education, emotional health, their living arrangements (shared care or contact if they are parenting in two homes), their faith and sense of right and wrong as they grow.
- Work through disagreements in a more respectful assertive way

The course is NOT suitable for parents where there has been domestic abuse, the use of power and control and one parent is afraid of the other. For more information and to sign-up, see flyer below or [click here](#).



Stronger Relationships

For parents and other adult carers living together or apart **Group starting Monday 24 November at 10:00am**



- Do you want to get some new ideas to help you be an even better parent?
- Would you like to reduce the arguments and disagreements in your family and cope better with stress?
- Would you like to enhance your relationship with your current partner, or improve communication with your ex or the other people helping to raise your children?
- How about learning at a time that suits you?



6 online sessions



6 group discussions



Certificate on completion

What to expect...

- Information on strategies to identify and reduce arguments.
- Hear from other parents and carers.
- Downloadable worksheets and hand-outs.
- Videos, quizzes and interactive activities.
- Do sessions at a time that works for you.
- Weekly support from our course experts.

Topics covered...

- Healthy adult relationships.
- Identifying and managing disagreements.
- Understanding how conflict affects your children.
- Enhancing parent-child relationships.
- Managing stress, anger and emotions.
- Strategies to resolve conflict and create a parenting agreement

Group discussion...

1. Speak to a course expert and get answers to some of the questions you might have
2. Talk about how the strategies are going at home.
3. Address other difficulties relating to your relationships.
4. Hear from others about what works for them.

Find out more or register for the course by scanning the QR code or emailing us at: sfscparent@racefound.org.uk



strengthening
families
strengthening
communities

Family Hub



The Teenage Brain

Thursday 27th November at 12:30pm

Join the Mental Health Support Team for Schools in Dorset online for an insightful webinar exploring the fascinating changes that occur in the teenage brain.

We'll delve into key areas of brain development and discuss how these changes impact behaviour, thinking, and relationships during adolescence.

The session will also offer practical, evidence-based strategies that parents and carers can use to support their teens through this critical stage of growth.

Whether you're navigating mood swings, risk-taking, or communication challenges, this webinar will equip you with tools to foster connection and support your child during this stage in their life.

Sign up here:



bit.ly/47db7xl

Alexandra Park | November Programme

Meeting point: by or in the Café



GreenFingers

Thurs 6, 13, 20, 27 Nov | 10am - 12pm
Sat 8 Nov | 10am - 12pm

Join our friendly volunteer group to enjoy the outdoors and get involved in practical conservation and community growing in your local park.



Volunteering

The Evergreen Social Club

Thurs 6, 13, 20, 27 Nov |
2.30pm - 3.30pm

Come and join others for a chat and hot drink in the café, whilst taking part in a weekly nature-themed activity.

Meet in the café.



Free event

Wildlings

Fri 7 & 21 Nov | 3.30pm - 4.30pm

Join us after school for some fun nature-based activities - from crafts to species surveys.

Suitable for children aged 5-12 years.



Free event

Nature Tots

Weds 12 & 26 Nov | 10.30am - 12pm

Fun in the park for you and your youngsters, with outdoor play, nature craft and hands-on activities.

Suitable for children aged 2-4 years.



Free event

Scan for park information, including accessibility



To book: parksfoundation.org.uk/events

The Parks Foundation is committed to celebrating diversity - we welcome people from all backgrounds, genders, ethnicities, people with learning differences and varying physical abilities. If you would like more information or have questions about an activity, please contact us.

Get in touch with our team member, Lisa on: lisa@parksfoundation.org.uk or: 07458 039395

parksfoundation.org.uk | [Facebook.com/The Parks Foundation](https://Facebook.com/TheParksFoundation) | 01202 143724 | Registered Charity Number: 1159939

Alexandra Park | November Programme

Meeting point: in the Café



Day of the Dead

Sun 2 Nov | 1pm - 5pm

Join us to make some traditional Mexican crafts to take home with you, and watch some traditional dancing.

Light bites and soft drinks included.



Adults: £5, Children: Free

Flower Arranging

Tues 11, 18, 25 Nov | 2pm - 3pm
Tues 2 Dec | 2pm - 3pm

Learn to make beautiful flower arrangements - a different activity each week. You'll take home what you make. No experience needed. Activity for adults.



£5 per person per session

Festive Wreaths

Sun 30 Nov | 11am - 12.30pm

Decorate your own unique wreath with beautiful natural materials. You'll have the option of weaving your wreath base out of willow, too.

Activity for adults. A mince pie and a hot drink or mulled wine are included.



£20 per person

Festive Globe Craft

Sun 30 Nov | 3pm - 5pm

Create your own unique festive globe to take home and display or give as a gift.



£5 per child

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Get in touch with our team member, Lisa on: lisa@parksfoundation.org.uk or: 07458 039395

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