



Coastal Learning  
PARTNERSHIP

## Intimate Care Policy

This policy has undergone an Equalities Impact Assessment in line with the requirements of the Public Sector Equality Duty

Committee:	Achievement
Policy Ratified:	March 2025
Review Date:	March 2028

Additional School Procedure – Section 5	
Committee:	
Procedure Adopted:	
Review Date:	

## **1.0 Aims**

Intimate care is any care that involves washing, changing or carrying out a procedure to private parts of the body. It might include helping with washing, toileting and dressing, continence care or menstrual management. Most pupils can do this for themselves but it is recognised that some can't because of their age, physical difficulties or special educational needs. Intimate care also includes supervision of pupils involved in intimate self-care, if this is needed.

This policy aims to ensure that:

- Intimate care is carried out properly by staff, in line with any agreed plans;
- The dignity, rights and wellbeing of children are safeguarded;
- Pupils with intimate care difficulties are not discriminated against, in line with the Equalities Act 2010;
- Parents are assured that staff are knowledgeable about intimate care and that the needs of their children are taken into account;
- The religious views, beliefs and cultural values of pupils and their families will be taken into account;
- Staff carrying out intimate care work do so within guidelines (i.e. health and safety, manual handling, safeguarding protocols awareness) that protect themselves and the pupils involved.

This policy complies with statutory guidance. It should be read alongside the Partnership's Child Protection policy and the DfE publication, Keeping Children Safe in Education.

## **2.0 Roles and Responsibilities**

### **The Trust Board**

- Receive and approve the intimate care policy on a triennial basis.

### **The LGB**

- Review section 5 of this policy
- Ensure that the intimate care policy is published on the school website

### **The Headteacher**

- Complete section 5 (school-specific intimate care) and bring this to the LGB on a triennial basis
- Provide appropriate training support to staff as detailed in this policy and to enable staff to fulfil their roles
- Ensure that intimate care plans are reviewed on an annual basis and that parents are involved in the design of the plan.
- Ensure requirements in the First Aid, Supporting Pupils with Medical Conditions and Managing Medication, and Allergy Policy are implemented.

## **3.0 Permissions and Plan**

### **Seeking Parental Permission**

For children who need occasional intimate care (e.g. toileting accidents), school staff will inform parents/carers at the earliest opportunity and will provide appropriate support to maintain dignity and comfort for the child.

For children whose needs are more complex or who need particular support, an intimate care plan will be created in discussion with parents (see section 3.2 below).

### **Creating an Intimate Care Plan**

Where an intimate care plan is required, it will be agreed through discussion between the school, parents, the child (when possible), and relevant health professionals. The school will work with parents and take their preferences on board to make the process of intimate care as comfortable as possible, dealing with needs sensitively and appropriately. Every effort will be made to provide the child with staff of the appropriate gender to support religious and dignity/comfort needs.

Subject to their age and understanding, the preferences of the child will also be taken into account. If there's doubt whether the child is able to make an informed choice, their parents will be consulted. The plan will be reviewed annually even if no changes are necessary. The plan must be updated when there are changes to a pupil's needs.

Depending upon the level of need, intimate care might be written into an Education, Health and Care (EHC) plan (or equivalent document) rather than a separate intimate care plan or individual healthcare plan.

Appendix 1 provides a template that schools can use if they do not already have intimate care plans.

### **Sharing Information**

The school will share information with parents as needed to ensure a consistent approach. Parents are expected to share relevant information regarding any intimate matters as needed.

## **4.0 School-Based Staff**

### **Staff Deemed Responsible for Providing Intimate Care**

A post holder who is expected to carry out intimate care will normally have this set out in their job description. Where this doesn't feature in a job description, it can be agreed upon through negotiation. Only paid employees can carry out intimate care, the exception to this being where the parent supports school staff with intimate care.

Ordinarily, employees that carry out intimate care must have been subject to an enhanced Disclosure and Barring Service (DBS) with a barred list check before appointment, as well as other checks on their employment history.

### **How Staff Will Be Trained**

Staff will receive:

- Training in the specific types of intimate care they undertake;
- Training from suitably qualified professionals where medical procedures are required;
- Regular safeguarding training;
- If necessary, manual handling training (including the use of equipment where required) that enables them to remain safe and for the pupil to have as much participation as is possible.
- Necessary PPE.

They will be familiar with:

- The control measures set out in risk assessments carried out by the school;
- Hygiene and health and safety procedures.

They will also be encouraged to seek further advice as needed.

## **5.0 School-Specific Intimate Care Procedures**

### **How Procedures Will Happen**

When a child requires intimate care, there will always be at least two adults present. In exceptional circumstances, it may not be possible for two people to be present and mitigation will be put in place.

Intimate care procedures will be carried out in the medical room or designated accessible toilet.

When carrying out procedures, the school will provide staff with adequate personal protective equipment including: protective gloves, aprons, mask, cleaning supplies, changing mats and bins.

For pupils needing routine intimate care, the school expects parents to provide: a change of clothes, underwear, wipes, nappy bags, nappies/pull ups and any other equipment needed to complete the intimate care specific to the needs of the child.

Any soiled clothing will be contained securely, clearly labelled, and discreetly returned to parents at the end of the day.

Accurate records will also be kept when a pupil receives intimate care or has an invasive medical procedure. These will be brief but will include date, time, and any comments, such as changes in the child's behaviour. It will be clear who was present in every case.

## **6.0 Safeguarding**

If a member of staff carrying out intimate care has any safeguarding concerns (e.g. marks, bruises, soreness), they will report this using the school's safeguarding procedures.

If a member of staff has concerns about an adult carrying out intimate care, these should be escalated to the headteacher (or equivalent) as soon as they arise.

## **7.0 Monitoring Arrangements**

This policy will be reviewed by the Trust Board on a triennial basis.

Intimate care plans must be reviewed annually by the Headteacher (or delegated member of staff).

## **8.0 Links with Other Policies**

This policy links to the following policies and procedures:

- Accessibility plan
- Child protection and safeguarding
- Health and safety
- SEND
- First Aid, Supporting Pupils with Medical Conditions and Managing Medication, and Allergy Policy



**Appendix 1: An example intimate care plan that schools can use.**

PARENTS/CARERS	
Name of child	
Type of intimate care needed	
How often care will be given	
What training staff will be given	
Where care will take place	
What resources and equipment will be used, and who will provide them	
How procedures will differ if taking place on a trip or outing	
Name of senior member of staff responsible for ensuring care is carried out according to the intimate care plan	
Name of parent or carer	
Relationship to child	
Signature of parent or carer	
Date	

This plan will be reviewed annually but can be updated as required.

Next review date: